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Get InTouch



In Touch With Prevention

Drug free youth are a key component of a healthy, thriving community.

Prevention programs reduce the likelihood of alcohol and drug abuse for youth, while increasing the likelihood of positive alternatives.

Do you realize how effective you could be in preventing alcohol and drug abuse among youth in your community?

Prevention is everybody's business . . . it starts with you. Whether you're a student, parent, educator, health professional, civic leader, business person, or a concerned citizen, you play an important part in prevention.

The constructive energies that result from prevention programs allow youth to reach their maximum potential and fully contribute to the social and economic growth of their community.

Act now. Help youth get in touch with prevention.



In Touch With Community Strategies

To be successful, alcohol and drug abuse programs for youth need everybody's efforts.

Diverse combinations of citizens can bring prevention concepts to life in different ways for each and every community:

- Accurate alcohol and drug information
- Development of success skills, such as self-esteem, decision making, problem solving, and communication
- Healthy alternatives that allow youth to feel good about themselves
- Supportive social policy, in the form of consistent written and unwritten messages
- Development of constituencies, and training of key motivators, including parents, teachers, administrators, community leaders and peers

Research has shown that prevention is most successful in the context of school-based programs for children K-12, supported by family and community.

Get involved. Help shape the prevention environment in your community.



In Touch With Networking

Until now, what has been missing is a management system that provides the opportunity for community prevention networks to form.

The State of Illinois, a leader in the alcohol and drug abuse prevention field, has created just such a system for you . . . InTouch, the Illinois Network to Organize the Understanding of Community Health.

Now, throughout the state, effective prevention linkages can be formed, by people interacting with people, and communities interacting with communities.

In addition, partnerships and alliances can be created through new combinations of students, parents, educators, health professionals, civic leaders, business persons and concerned citizens.

Illinois is providing the network you need to interact with others on prevention issues. Together, we can make it work.



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Get In Touch...

I would like to become involved in school-based alcohol and drug abuse prevention programs for the youth in my community. I am interested in:

- ☐ Participating in InTouch Regional Prevention Groups
- ☐ Participating in local action plans
- ☐ Receiving more information about InTouch

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Illinois In Touch

InTouch, administered by the Department of Alcoholism and Substance Abuse, was developed jointly by DASA, Lieutenant Governor George H. Ryan, and the State Board of Education.

Throughout the state, a networking system for alcohol and drug abuse prevention is being formed.

DASA has created 18 Prevention Service Areas, which will coordinate statewide linkages between prevention resources.

Cross-cutting the PSAs will be 60 Regional Prevention Groups, which will provide advocacy and support for prevention programs in local school districts, and also advise DASA's regional managers on community needs regarding alcohol and drug abuse programs for youth.

Teams of students, parents, educators, and community groups, from each of the more than 1,000 Illinois school districts, will create local action plans for prevention programs, generated through Substance Abuse Planning Seminars.

You can participate at the regional or local level, to create and support school-based, community prevention programs for the youth of Illinois.

Return the attached coupon today.

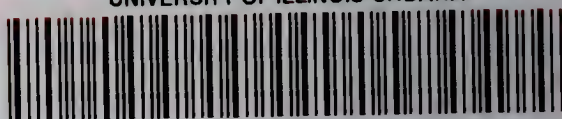
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InTouch

Illinois Network to Organize the
Understanding of Community Health

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